Social Security Routing

SSA Phone Number	**SSA Website:**
1-800-772-1213 ask for "*Help Desk*" 8:00 a.m. – 7:00 p.m. local time, Monday through Friday.	https://www.ssa.gov

To prove that you have money with the Social Security Administration, in addition to your Social Security number, you need 2 things:

- Contributions—what you've paid in and
- Distributions—what you've received.

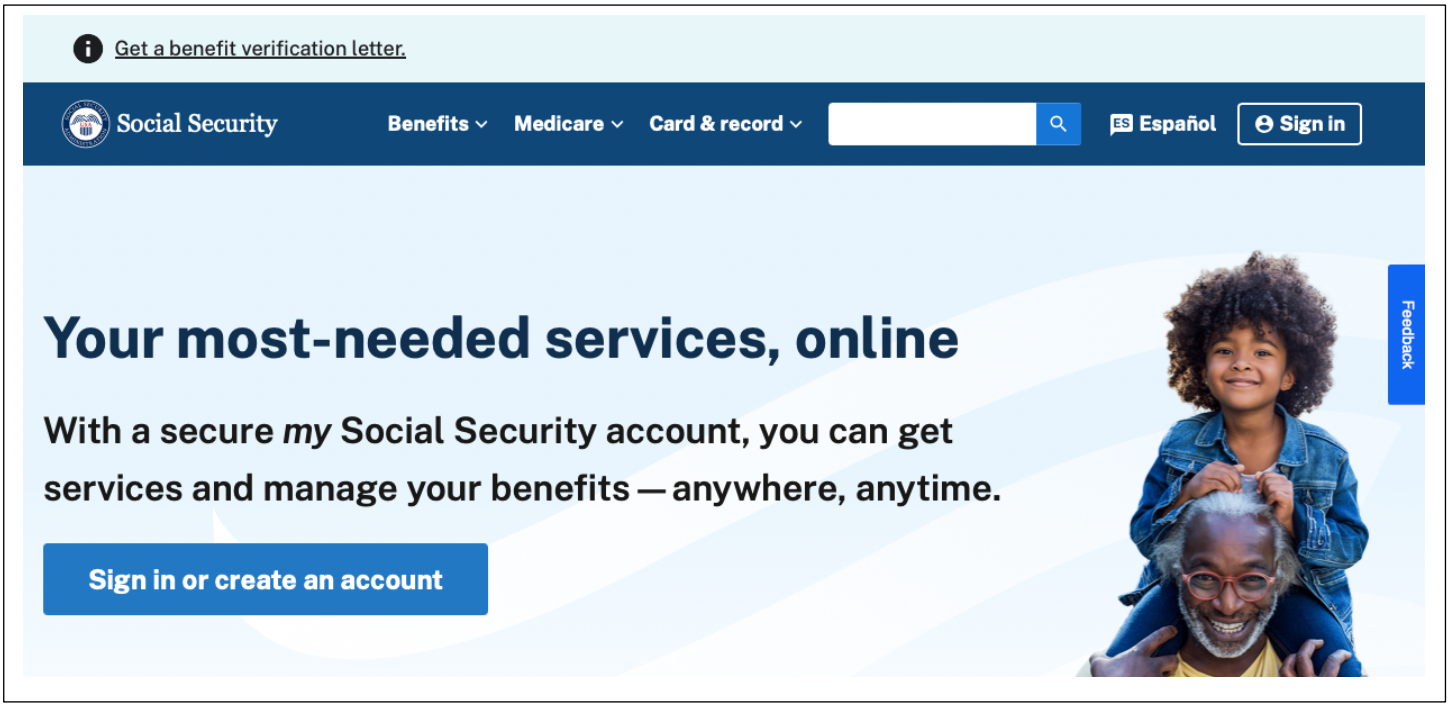
How to Navigate the SSA Website

There will be times when you want to pull out your hair, like when the site tells you that you don't exist. Take a deep breath and fill out the brief form as if you hadn't existed until just now. The system *should* catch up with you and tell you that you exist and welcome you into your records.

SSA Home Page

https://www.ssa.gov

1. Opening View – *Go to the Sign in box.*



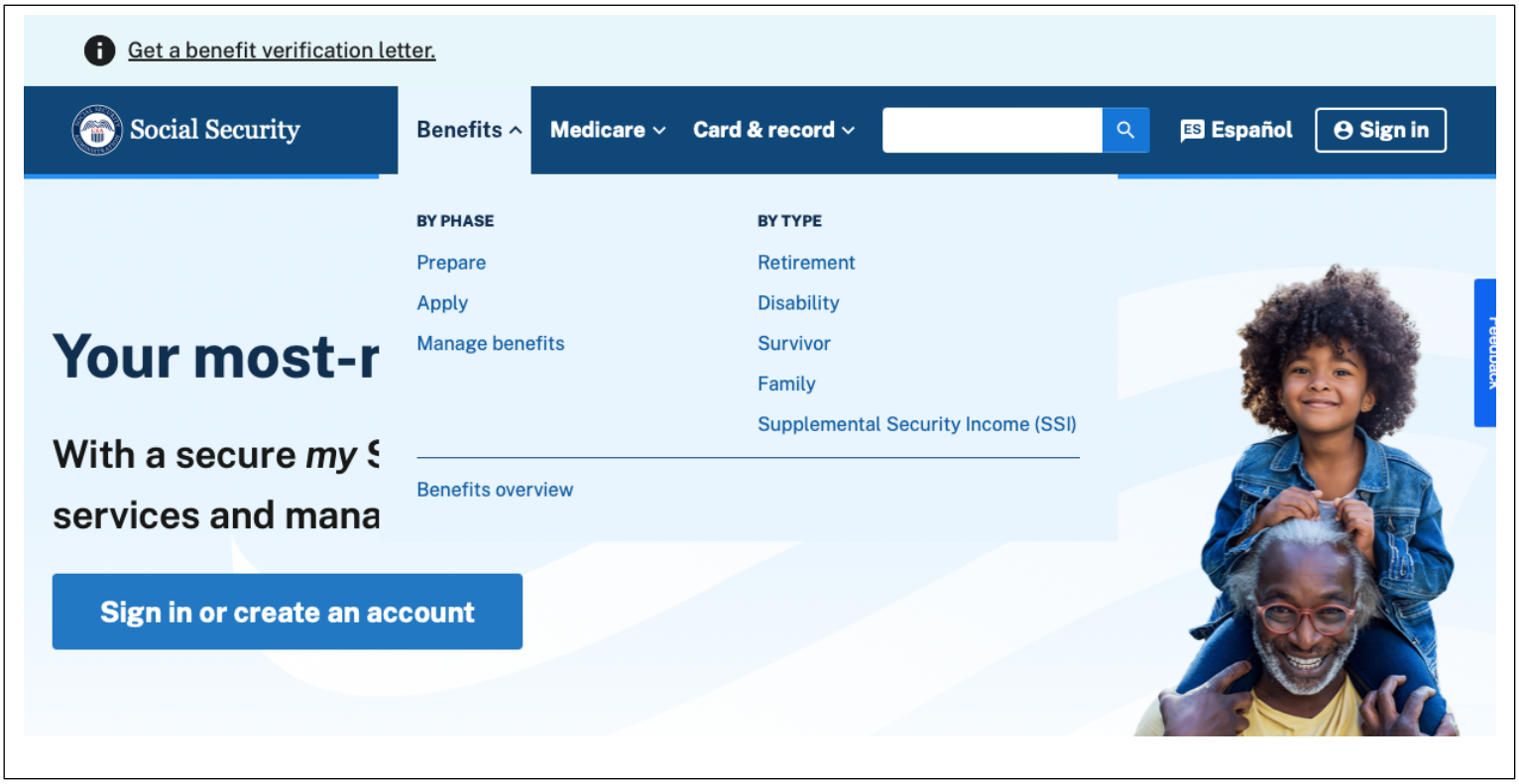
That **Opening View** shows what the INITIAL page looks like BEFORE you sign-in.

In the upper right corner, see the Sign in *box and CLICK*

The next page will allow you to set up an account.

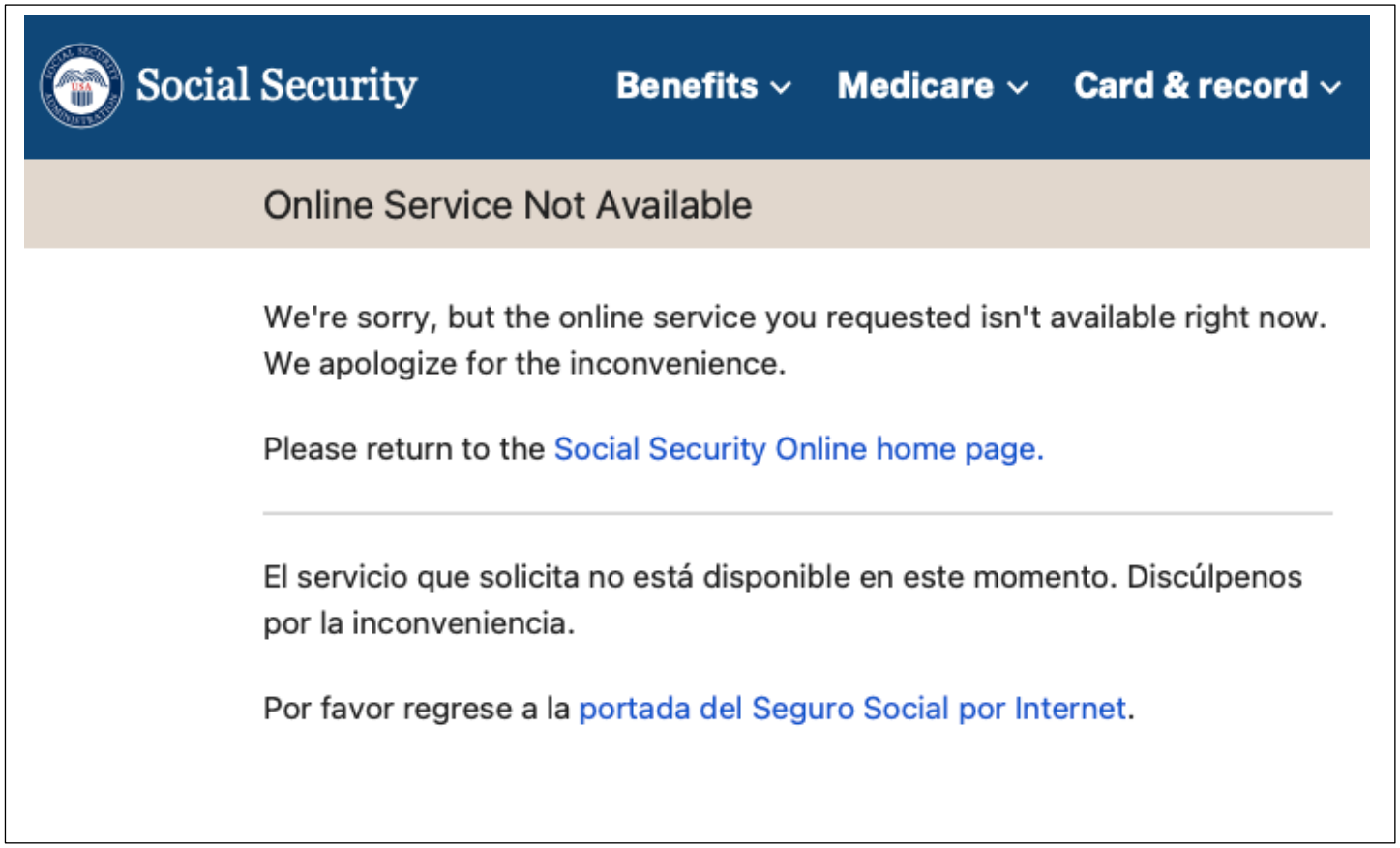
If you get a "Page doesn't exist" message, return to this INITIAL page and choose one of the other options to get signed in.

You can check out the drop-down options under Benefits, too.



2. *Log-on/Sign-in*

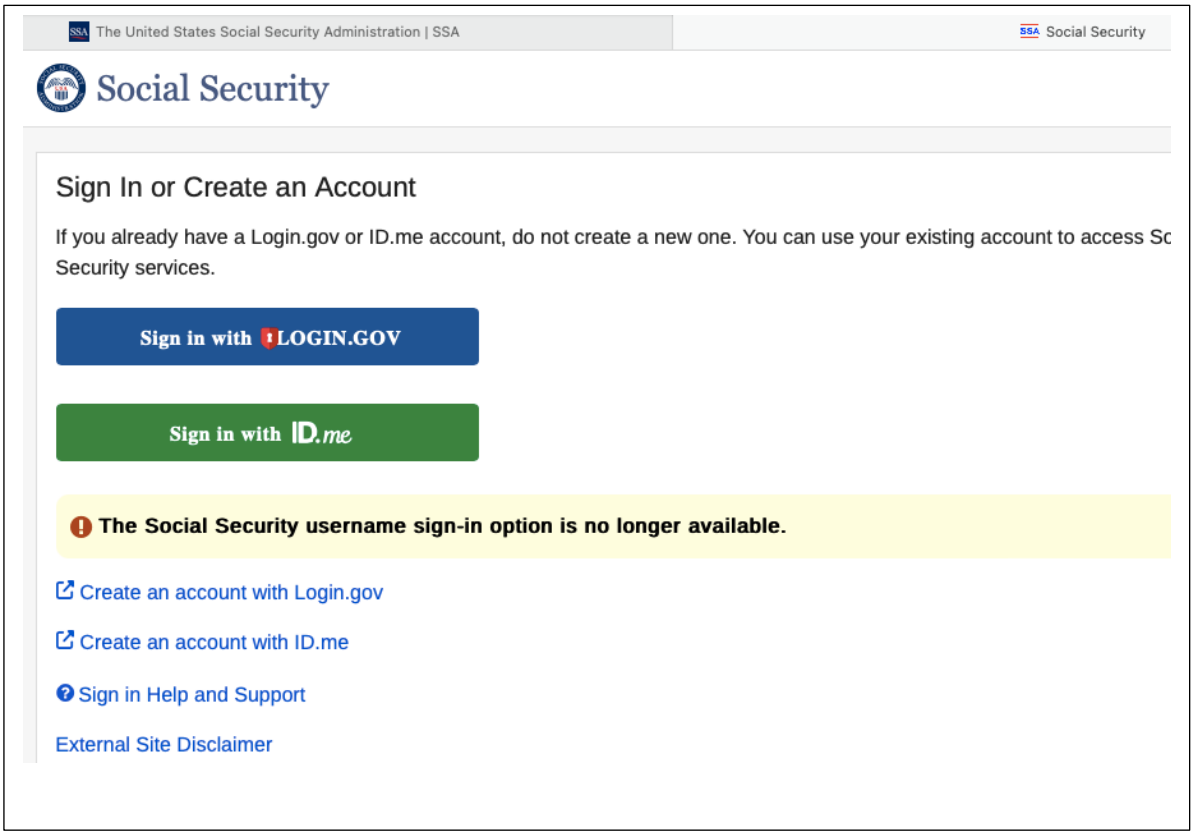
The SSA website has a new updated look since early 2025. When trying to log-in, the following message came up.



In the past, another way to log in to the Social Security system was to “Sign in with LOGIN.GOV” and that then sent me back to SSA. When logging in in November 2025, my other accounts—TSA, Trusted Traveler and SSA—were Disconnected from LOGIN.GOV.

Should the Social Security website go back online. The following will assist you in navigating the site and making copies of your Contributions and Distributions.

Here’s the next page—you DO need to agree and then can continue.



<u>If you are Logging-in for the first time,</u> you will need to have your driver's license and your Social Security card handy. The process is laborious. Just go slowly and be patient with yourself.

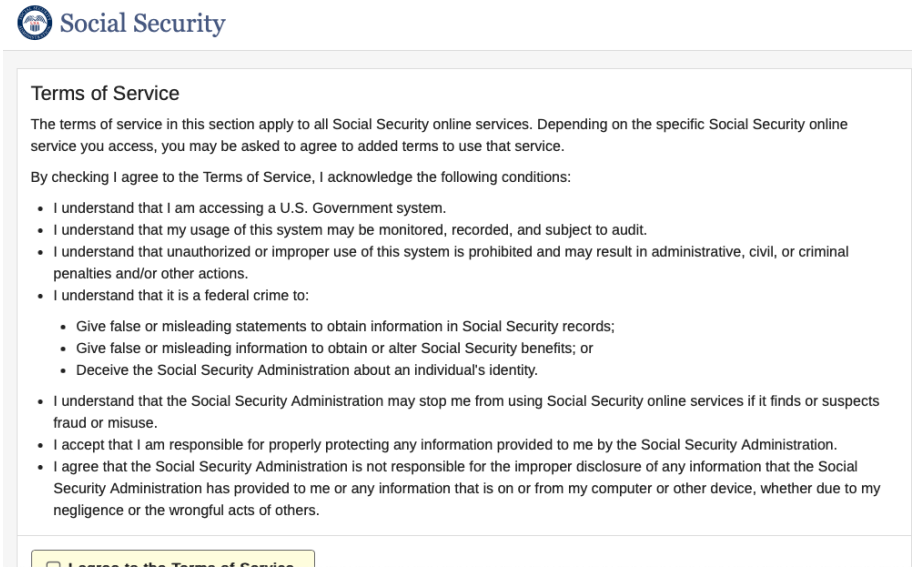
Terms of Service

Be sure to sign the Terms of Service. Once you've been accepted into the system, you will get a notice.

Terms of Service. ☛

Scroll down, *click on* Agree *then on* Continue.

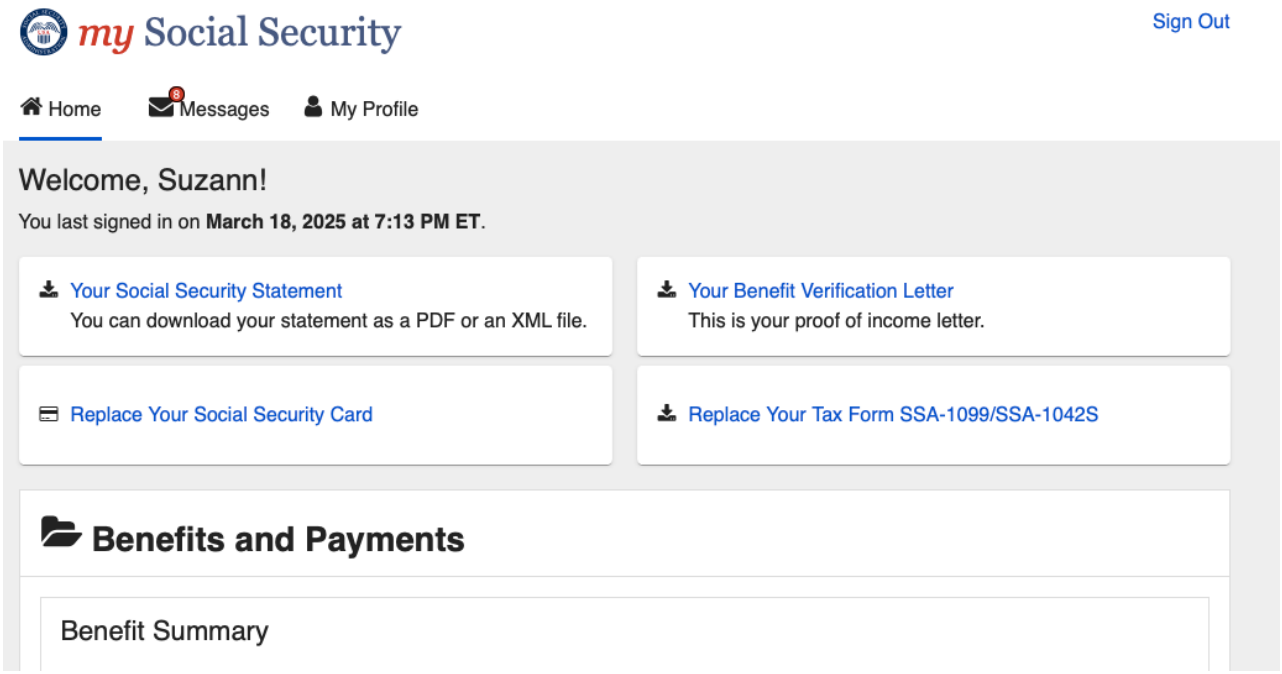
☛



Eureka! *You're IN!*

Now you go to YOUR HOME PAGE. It's easy from here. *Keep reminding yourself of that.*

Here's how the page looked in March of 2025.

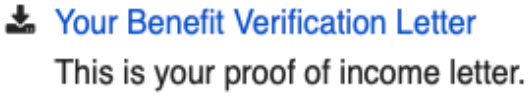


3. Distributions

You'll only be interested in this if you are receiving your Social Security checks. The **Benefit Verification Letter** is an updated copy of the letter SSA recipients receive each year to detail your next year's benefits. This, too, may be useful to have, just in case.

Click on the box that says "**Your Benefit Verification Letter**." The Download button relays a digital copy to your computer. You also can request a paper copy. Right after your *Welcome*, go down to the box and click on:

3a. Benefit Verification Letter



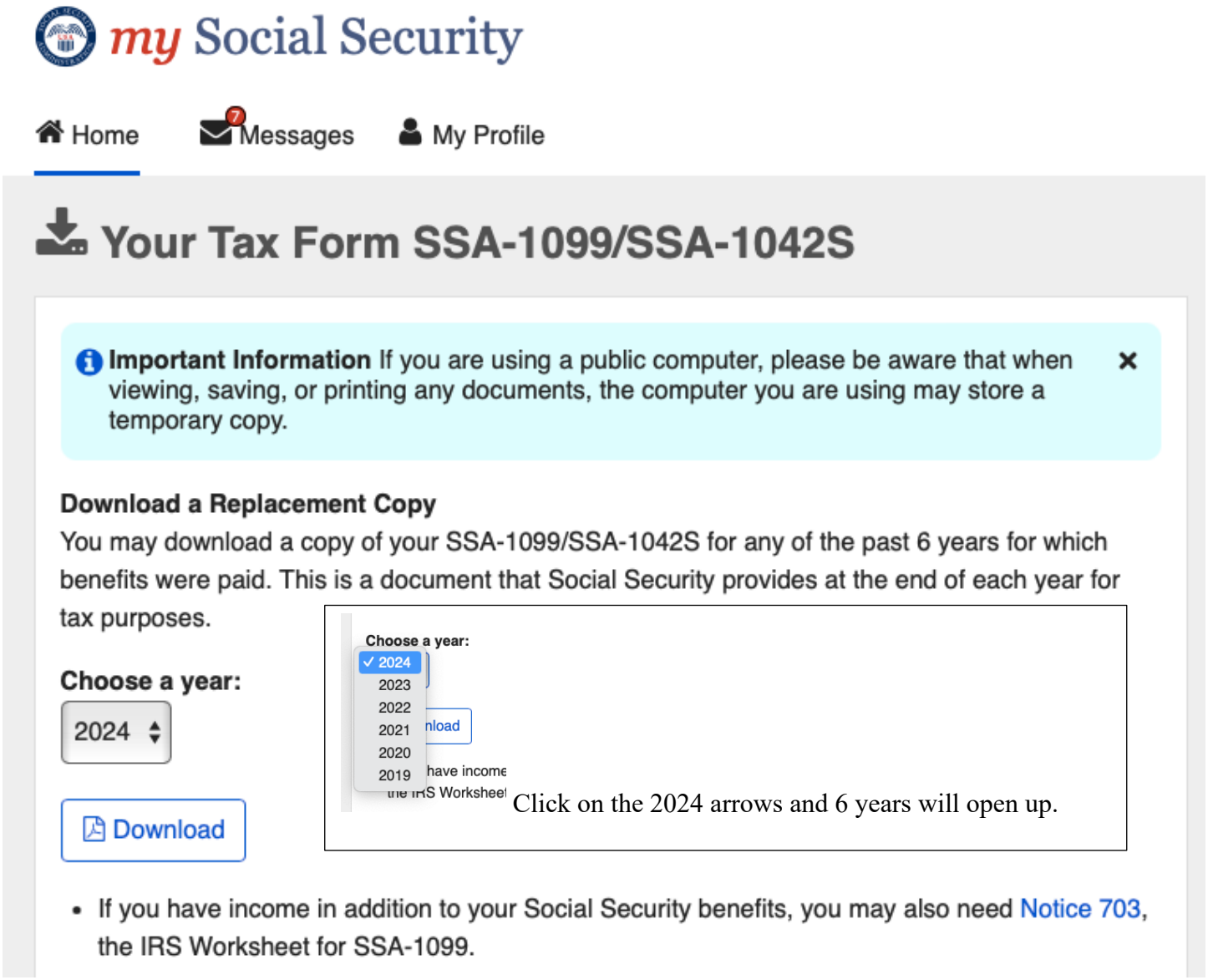
3b. Tax Form 1099

Just below the Benefit Verification Letter's box, you'll find Replace Your Tax Form 1099.

Click on

This will be a repetitive process. If you want to download the full 6 years available. It's repetitive but NOT difficult.

Here's what the page looks like.



You can open and print out each of those 6 years **AND Download** the information to your computer to print later.

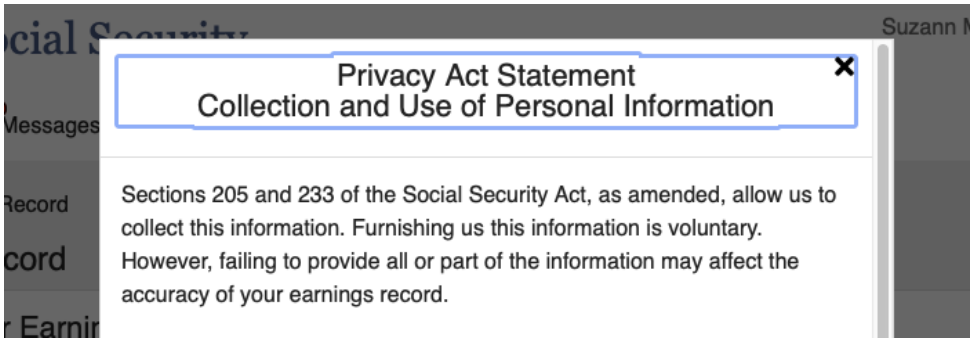
It downloads 1 year at a time.

Remember, you want to make printed out copies on paper.

Okay, that takes care of your Distributions.

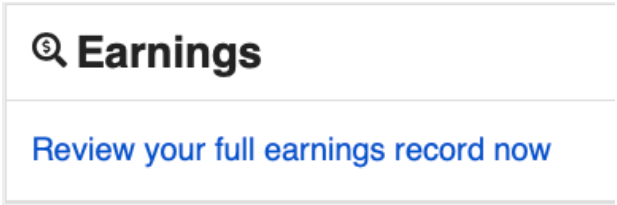
4. *Earnings/Contributions*

Before you get there, you'll come across a Privacy warning pop-up. You can just close that window—click on the X in the upper right corner.



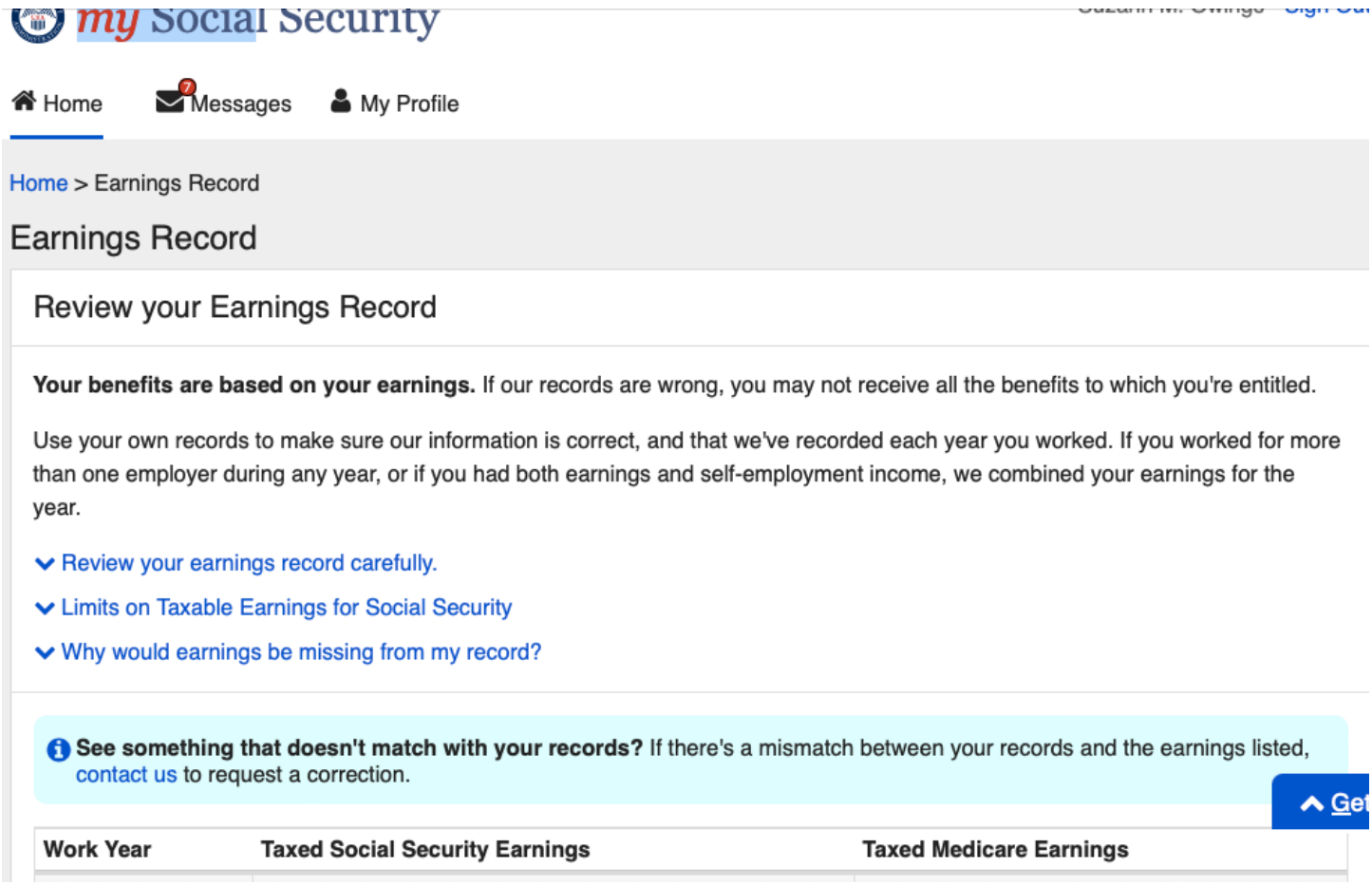
We're looking for **Earnings—Review your Full Earnings Record Now**.

***CLICK on* Review your full earnings record now**



You're in the home stretch.

Print out your Earnings Record—your Contributions to SSA. It's a single long column of Contributions for SSA and Medicare.



Remember …
PRINT your Earnings Record

Bingo! *You did it!*

***Now* … Contact your members of Congress, including Senators:**
https://ballotpedia.org/List_of_current_members_of_the_U.S._Congress

Remind them that this is your Retirement Investment.
From the Ballotpedia page, you can go to the lawmakers' individual websites to get their office phone numbers, mailing addresses and laboriously complete forms for sending emails. ❤️